OPINION ARTICLE The Important Role of Honey Bees in Our Ecosystem and their Absorbing Social Structure

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Description

Honey bees (*Apis mellifera*) are remarkable creatures that play a vital role in our ecosystem. These industrious insects are known for their intricate social structure, exceptional foraging abilities, and, of course, their production of honey. Understanding their biology, behaviour, and the challenges they face can deepen our appreciation for these need pollinators and the ecosystems they support.

Biology of honey bees

The honey bees are part of the *Apidae* family and are closely related to other bees and wasps. A typical honey bee colony consists of three types of bees: The queen, workers, and drones.

The queen: The queen bee is the heart of the hive. Her primary role is to reproduce; it can lay thousands of eggs each day during the peak season. Queens are typically the largest bees in the hive and are distinguished by their elongated bodies.

Workers: These are non-reproductive females that perform various tasks within the colony, including foraging for nectar and pollen, tending to the queen and larvae, cleaning the hive, and defending it from intruders. Worker bees have a short lifespan, usually ranging from a few weeks to a few months, depending on the season and their role.

Drones: Male bees, or drones, have one primary function: Mating with a queen. They do not contribute to foraging or hive maintenance. After mating, drones typically die, and those that do not mate are expelled from the hive in the fall when resources become scarce.

The honey-making process

Honey production is one of the most interesting aspects of honey bee behaviour. The process begins when worker bees forage for nectar from flowering plants. They use their long, tube-like tongues to extract nectar, which they store in a special stomach called the honey stomach. Once filled, they return to the hive, where they regurgitate the nectar into the mouths of other worker bees.

These bees then process the nectar by chewing it and mixing it with enzymes that break down sugars. The mixture is then spread across the honeycomb cells, where it undergoes evaporation. Worker bees fan their wings to create airflow, which helps reduce the moisture content. Once the nectar has thickened into honey, the bees seal the cells with a wax cap to preserve it for future use.

Pollination and ecosystem impact

Honey bees are among the most important pollinators in the world. They contribute significantly to the pollination of many crops and wild plants, making them important for food production and biodiversity. Approximately one-third of the food we consume relies on pollination, and honey bees are responsible for pollinating many fruits, vegetables, and nuts.

The ecological impact of honey bees extends beyond agriculture. They play a vital role in maintaining healthy ecosystems by supporting the reproduction of flowering plants. These plants, in turn, provide food and habitat for a variety of wildlife, creating a balanced environment.

Challenges facing honey bees

Despite their importance, honey bee populations face numerous challenges. One of the most significant threats is habitat loss due to urbanization, agricultural expansion, and monoculture farming practices. The decline in wildflower populations directly affects the availability of food for bees.

Pesticides, particularly neonicotinoids, have also been implicated in bee mortality and Colony Collapse Disorder (CCD). These chemicals can impair foraging behaviour, navigation, and reproduction, leading to declining bee populations.

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Additionally, diseases and parasites, such as the *Varroa* mite, pose serious threats to honey bee health. These mites attach themselves to bees, weakening them and

transmitting harmful viruses. Effective management practices are need to protect bees from these threats.